



# LASALLIAN YOUTH

## Mission to Mexico

March 13<sup>th</sup>–March 24<sup>th</sup>, 2008



Hermosillo, Sonora  
Mexico

*Faces of Christ*  
*Faces of Mission*

### Suggested Packing list for Mission trip

#### Clothing items:

We will be in areas where the weather is variable. Warm to hot during the day, cool during the night. Layers work, since it may be 50 degrees in the early morning at 90 degrees by mid-afternoon with very intense sun.

- Jacket
- Sweatshirt
- Jeans or long pants (NO SHORTS and nothing military)
- Tennis shoes
- T-shirts (no questionable logos—school stuff is great)
- De La Salle T-shirt--black (we will order these)
- Socks
- Underwear
- Hat
- Bandana (for the bad hair days)

#### Items for sleeping:

- Sleeping bag
- Small pillow
- Sleeping mat

#### Items for personal hygiene:

- Baby wipes
- Tooth brush and tooth paste
- Soap
- Shampoo
- Towel and washcloth
- Anti-bacterial gel
- Sun screen (Very Important)
- Foot Powder

#### Personal items:

- Bible (we are supplying a prayer book in Spanish)
- Notebook
- Journal/pen
- Disposable camera
- Rosary

#### A rule to live by:

You will be carrying your luggage into the deserts of Mexico. If you don't want to carry it don't bring it. (Since we will be traveling by plane and staying in Hermosillo for a time, you will need some nicer clothing for travel and that you can leave with your host family and wear when we get back. This might entail you having a small bag that you can leave your stuff behind (plastic is just fine). As you pack remember we are in town for a couple of days preparing for Mission. Separating your clothing and materials accordingly makes life easier. Luggage limit is 50 lbs.